



Law Enforcement Training Advisory Commission

840 S. Spring Street, Suite B • Springfield, IL 62704

Phone (217) 726-7014 • Fax (217) 726-7833 • Email letac@mtu10.com • Website www.letac.org

Robert S. Crouch, Director

Youth Mental Health First Aid

2 Dates to Choose From

Oct. 3, 2017

or

Jan. 11, 2018

8:00 a.m. - 5:00 p.m.

LETAC Training Center

840 Spring Street, Suite B, Springfield, IL

(Please park in an unreserved space in our lot. Overflow parking is along Spring and Canedy streets.)

Meets the following mandates: Human Rights, Use of Force, & Procedural Justice

Instructor: Youth Mental Health First Aid is offered by local instructors trained and certified by the National Council for Behavioral Health.

Course Synopsis:

- 8-hour evidence-based public education program designed for adults who encounter youth, ages 12-18, who may be experiencing a mental health crisis
- Learn about unique characteristics of adolescent development related to risk factors and warning signs of mental health challenges, substance use, or substance use disorders
- Learn Youth Mental Health First Aid for crisis and non-crisis situations
- Learn steps to connect youth with appropriate professional care and peer/social support
- Each participant will receive a copy of the *Youth Mental Health First Aid USA* course manual

Who Should Attend:

- Local or state police departments –i.e., officers, booking, administrative staff
- School Resource Officers
- Pre-trial services
- Probation/Parole services
- Community re-entry services

Illinois Law Enforcement Training & Standards Board Mobile Team Unit #10

Serving the Counties of Christian • Dewitt • Logan • Macon • Mason • Menard • Montgomery • Sangamon



Law Enforcement Training Advisory Commission

840 S. Spring Street, Suite B • Springfield, IL 62704

Phone (217) 726-7014 • Fax (217) 726-7833 • Email letac@mtu10.com • Website www.letac.org

Robert S. Crouch, Director

- Anyone who encounters a youth who may be in or developing a mental health crisis

Class Conclusion:

At the end of this course, participants will have learned how to:

- Consider adolescent development, risk factors and protective factors in assessing situations with youth who may be developing or are in crisis.
- Assess youth for risk of suicide or harm.
- Create/apply a 5-step action plan to offer initial help to young people showing signs of a mental illness or who may be in a crisis.*
- Operate with increased mental health literacy so as to decrease negative perceptions surrounding mental illnesses and addictions in youth.

**Youth Mental Health First Aid® does not teach people to diagnose or to provide treatment.*

Non-Member Tuition: This class is being provided by the Illinois State Board of Education. It is grant funded through SAMSHA and Project IL_AWARE, therefore no tuition is being charged.

To Register: **MAXIMUM ENROLLMENT FOR THIS CLASS IS 30 STUDENTS.** Therefore, early registration is strongly suggested. Email registration to register@letac.org. You may also fill out and submit our online registration form through the website at www.letac.org or call 217-726-7014 to register by phone (be sure to include all pertinent information). MTU #10 local member department officers will be given registration preference until seven days prior to the date of class. After that date, registrations will be taken on a first-come, first-served basis, regardless of MTU status. We cannot accept registrations from individual officers. All registrations must go through your Chief, Sheriff, or department training office, even if you are attending class on your own time.

Cancellation: If a class must be canceled for any reason, every effort will be made to do so at least 2 weeks before the class is scheduled to begin. However, there are circumstances where last minute cancellation is out of our control. All officers who have been registered for training will be contacted at the email address given at registration, so please be sure to provide an email address which is checked often. Cancellations will also be posted to our mailing list and our Facebook and Twitter accounts.

Illinois Law Enforcement Training & Standards Board Mobile Team Unit #10

Serving the Counties of Christian • Dewitt • Logan • Macon • Mason • Menard • Montgomery • Sangamon