



Law Enforcement Training Advisory Commission

3171 Greenhead Drive, Suite B • Springfield, IL 62711

Phone (217) 726-7014 • Fax (217) 726-7833 • Email letac@sbcglobal.net • Website www.letac.org

Ellen L. Petty, Director

The Winning Mind & Beyond Off Duty Survival: Bringing Your Family Into Your World

December 3, 2010

8:30 a.m. - 4:30 p.m.

Illinois State Police Academy

3700 E. Lakeshore Drive, Springfield, IL

Take Exit 88 from I-55 South. Turn left onto E. Lakeshore Drive. Entrance to Academy grounds is on the left.

*****NEW TRAINING LOCATION*****

Due to demand, we have moved the class to the IL State Police Academy, which will double our seating capacity!

"The Winning Mind" is Dave's core class and is designed to give each participant the necessary insight into reaching optimal levels of human performance in life & death confrontations. By looking at the key components of peak performance, Dave Smith presents an entertaining & inspiring program designed to help everyone, regardless of their experience, optimize their odds of winning any confrontation. Since first being presented in 1987, The Winning Mind has evolved into one of the most remarkable training experiences that law enforcement personnel have ever attended. From Mexico to Canada, The Winning Mind has given men & women the mental edge they need to not face threats on the street but also the stresses they may confront in their daily lives.

"Beyond Off Duty Survival: Bringing Your Family Into Your World" was originally developed for the United States Border Patrol and is now available to all law enforcement organizations. Most law enforcement training focuses on getting you home in one piece at the end of each shift, and yet *sixteen percent of police officer murders occur off duty*. Dave and Betsy Smith have authored numerous articles on this topic and now offer a course like no other that can be attended not only by police officers but by their spouses, partners, and older children. This class teaches officers what off duty threats they may face and how to respond safely and tactically, and then goes even further, helping them to teach their families how to stay safe and respond appropriately when the unthinkable happens. We also discuss family firearms safety, officer ambush, levels of risk, and how to bring your family into "your world" in a safe and healthy manner.

(Officers are encouraged to bring spouses and children aged 16 & up to attend this seminar, but please be sure to register them for the training, as seating is limited.)

This training then goes beyond "off duty survival" and talks about how to survive and thrive in your personal relationships. Police work is notoriously hard on marriages, families and relationships. Cops have a 75% divorce rate, a high rate of alcoholism, and we die twice as often by our own hand as we do in deadly force assaults. Issues such as effective communication, what cops *really* do at work, dealing with career disappointments, domestic violence, balancing control at home, and making peace with a work-related critical incident are just a few of the topics we'll discuss in this fast-paced, entertaining presentation. Constantly updated with new information and real-life examples, this course helps fill in the gaps between your work world and your personal life.



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Facilitated by Dave and Betsy Smith, they bring their unique experiences as cops, spouses, parents, step-parents, and law enforcement trainers to this unprecedented look into the real life of cops and their friends and families. This course will provide attendees with resources, networking opportunities, and a chance to share their experiences with others.

At the end of this training session, students will have learned:

- ✚ Why, how and what weapons and tools to have available in an off duty situation and how to make your family a part of the process.
- ✚ How to develop and nurture a winning mindset on the street and still be a good spouse, parent, and friend.
- ✚ Effective ways to help your loved ones understand what you do, how you think, and why you act the way you do, both on and off duty.
- ✚ Teaching various levels of firearms safety to any member of your inner circle.
- ✚ What are some of the distracters officers may encounter from home and how to make sure they don't interfere with tactical integrity.
- ✚ How to maximize your job enjoyment and success by making your friends and family career allies.

The Smith's believe that you must ***"train for your relationships as hard as you train for your survival."*** You can be the best cop, agent, correctional officer, or commander in your agency, but if you want to be a "winner" in your personal life; tactically, mentally and emotionally, this course is essential to your success!

Betsy: A graduate of the Northwestern University Center for Public Safety's School of Staff and Command and Western Illinois University, Betsy writes for numerous law enforcement and government publications, and is a regular columnist for [Police One](#) and a member of their training advisory board. She serves as an on-air commentator and advisor for [Police One TV](#) and was a featured character in the Biography Channel's "Female Forces" reality show. Betsy is the lead instructor for the Calibre Press "Street Survival for Women" seminar and has been a content expert and instructor for the Calibre Press "Street Survival" seminar since 2003.

Betsy now manages *Dave Smith & Associates*, a law enforcement training and consulting company based in Illinois and together, Betsy and Dave teach courses on leadership, communication, emotional survival, and officer survival from a mindset perspective through "Winning Mind Seminars." Betsy also leads workshops on such topics as career survival, child safety from a parenting perspective, female officer survival, inter-departmental communication, and helping marriages thrive. All of these courses are adaptable to your specific agency or corporate needs.

Betsy's courses have found wide acceptance throughout the law enforcement and corporate world.

Dave: Dave Smith is an internationally known speaker, writer, expert witness and law enforcement trainer with an extraordinary commitment to the police profession.

Dave began his own police career after graduation from the University of Arizona when he joined the Tucson Police Department. In 1978 he took a position with the Arizona State Police. As a police officer, Dave held positions in Patrol, SWAT, Narcotics, & Training. In 1980 he developed the popular "Buck Savage" video training series, was



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the lead instructor for the Calibre Press "Street Survival" seminars from 1983 to 1985, and helped to develop Calibre's timeless "Tactical Edge" book.

After retiring as a lieutenant from the Arizona State Police, Dave joined the Law Enforcement Television Network in 1989 as its primary on camera personality and it's Director of Education. Dave was the general manager of Calibre Press until January of 2002 and is now president of Dave Smith & Associates, a law enforcement training and consulting company based in Illinois.

Dave continues to develop hundreds of programs across the spectrum of police & corporate training needs. He is currently the senior instructor of the "Street Survival" seminar, Director of Video Training for Police One TV, and a regular columnist for Police magazine, the Calibre Press Newsline and PoliceOne.Com. He makes frequent media appearances as a law enforcement expert and can be seen on Police One TV at www.policeonetv.com.

TO REGISTER: Email registration to sandy@letac.org. Fill out and submit our online registration form on the website at www.letac.org. Call 217-726-7014 to register by phone (be sure to include all pertinent information). We can no longer accept registrations from individual officers. All registrations must go through your Chief, Sheriff, or department training office, even if you are attending class on your own time. If you have any questions, please contact the office. A map to this and all of our other training sites can be obtained by visiting the "sites" page of our website.