



Law Enforcement Training Advisory Commission

3171 Greenhead Drive, Suite B • Springfield, IL 62711

Phone (217) 726-7014 • Fax (217) 726-7833 • Email letac@mtu10.com • Website www.letac.org

Ellen L. Petty, Director

Advanced Crisis Intervention Team Training: Grace Under Fire for Law Enforcement *De-Escalation and Calming of Aggressive and Emotionally Disturbed Individuals*

May 30, 2012

8:00 a.m. – 5:00 p.m.

LETAC Training Center

3171 Greenhead Drive, Suite B, Springfield, IL

(Please park in an unmarked space in our lot. Overflow parking is along the street. Ride sharing is strongly suggested.)

Pre-requisite: Officers registering to attend this class must have already successfully completed the State of Illinois 40-Hour Crisis Intervention Team Training.

The CIT training model mandates forty hours of training in an intensive five-day course. A tremendous amount of information is packed into a very short time. Officers find that some information is more directly relevant to their role as first response or corrections officers. After some time trying to implement the skills they have learned, they sometimes find that they could use more information in one area or another. Furthermore, things come up that were not part of the training whatsoever.

The following topics will be covered in this one-day course:

1. The Guiding Principals in Dealing with the Cycle of Aggression
2. The Reasons Someone Would Become Aggressive
3. What Escalation to Aggression Looks Like
4. Communication with the Mentally Ill and People with Volatile Character Traits
5. Officer's Physical Organization in the Face of Anger
6. Tone & Quality of Voice
7. The Art of Lining Up with Angry Individuals – Strategies
8. Following the Access Route
9. Tactical Paraphrasing – The Gold Standard
10. Break the Pattern!
11. Control of the Enraged Individual
 - a. Chaotic Rage
 - b. Terrified Rage
 - c. Hot Rage – Fury
 - d. Hot Rage – Bluffing
 - e. Hot Rage – Manipulative
 - f. Predatory Rage
 - g. Deceptive Rage



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About the Instructor: Ellis Amdur M.A., N.C.C., C.M.H.S., Edgework: Crisis Intervention Resources

Edgework founder Ellis Amdur received his B.A. in psychology from Yale University in 1974, and his M.A. in psychology from Seattle University in 1990. He is both a National Certified Counselor and a State Certified Child Mental Health Specialist.

Since the late 1960s, Ellis has trained in various martial arts systems, spending thirteen of these years studying in Japan. He is a recognized expert in classical and modern Japanese martial traditions, and has authored three iconoclastic books, as well as one instructional DVD on this subject.

Ellis has released eight instructional books, some written with subject-matter-expert co-authors concerning communication with seriously mentally ill individuals and verbal de-escalation of aggression: target audiences for these books are those working in various law enforcement and emergency services capacities, those in social services and hospitals and families. All these books are listed and available on this website.

Ellis has worked in the field of crisis intervention since 1988. He has developed a range of training and consultation services, as well as a unique style of assessment and psychotherapy. These are based on a combination of phenomenological psychology and the underlying philosophical premises of classical Japanese martial traditions. Ellis's professional philosophy can best be summed up in this idea: the development of an individual's integrity and dignity is the paramount virtue. This can only occur when people live courageously, regardless of the circumstances, and take responsibility for their roles in making the changes they desire.

Ellis Amdur is a dynamic public speaker and trainer who presents his work throughout the U.S. and internationally. He is noted for his sometimes outrageous humor as well as his profound breadth of knowledge. Ellis's vivid descriptions of aggressive and mentally ill people and his true-to-life role-playing of the behaviors in question give participants an almost first-hand experience of facing the real individuals in question.

Funding for this class is being provided by the Illinois Law Enforcement Training & Standards Board.

To Register: Email registration to register@letac.org. You may also fill out and submit our online registration form through the website at www.letac.org or call 217-726-7014 to register by phone with Sandy or Donna (be sure to include all pertinent information). MTU #10 local member department officers will be given registration preference until seven days prior to the date of class. After that date, registrations will be taken on a first-come, first-served basis, regardless of MTU status. We cannot accept registrations from individual officers. All registrations must go through your Chief, Sheriff, or department training office, even if you are attending class on your own time.

Cancellation: If a class must be canceled for any reason, every effort will be made to do so at least 2 weeks before the class is scheduled to begin. However, there are circumstances where last minute cancellation is out of our control. All officers who have been registered for training will be contacted at the email address given at registration, so please be sure to provide an email address which is checked often. If you are registered for a class and find that you will be unable to attend, please contact our office as soon as possible to let us know. We often have a waiting list for classes and another officer may be contacted to fill your newly vacated seat.