



# Law Enforcement Training Advisory Commission

3171 Greenhead Drive, Suite B • Springfield, IL 62711

Phone (217) 726-7014 • Fax (217) 726-7833 • Email [letac@mtu10.com](mailto:letac@mtu10.com) • Website [www.letac.org](http://www.letac.org)

Ellen L. Petty, Director

## The Best Backup: Family Transitions in Law Enforcement

5:30 p.m. – 9:30 p.m.

March 15, 2012

### LETAC Training Center

3171 Greenhead Drive, Suite B, Springfield, IL

*(Please park in an unmarked space in our lot. Overflow parking is along the street. Ride sharing is strongly suggested.)*

**\*\*\*REGISTER YOURSELF AND YOUR SPOUSE, CHILDREN, & SIGNIFICANT OTHERS\*\*\***

***(We expect this evening training to fill up quickly and to be standing-room-only.)***

***MTU #10 will provide pizza for this family-oriented training.)***

#### Course Description:

In a chaotic and unpredictable world of plummeting moral standards our nation's officers are facing stressors that can have predictable and profoundly negative impact upon their lives, careers and families. This 4-hour seminar will assist those attending in gaining a distinctly different perspective on the unique and potentially problematic consequences of performing well within a law enforcement culture. Officers, and their significant others will reflect upon the traumas and triumphs associated with modern law enforcement, and how these influence the pivotal balance between professional and personal relationships.

Kent Williams who is an experienced law enforcement executive and educator and is the owner of Breach Point Consulting will guide law enforcement personnel and their significant others in understanding a variety of best practice approaches in addressing these issues.

A theme of personal leadership will run throughout this seminar as those attending will have ample chance to reflect upon the universal journey of a vocation spent in law enforcement. This seminar will provide a new set of skills designed to assist contemporary knights and their family members maintain a balanced, meaningful and rewarding lifestyle, while gaining a profound understanding of the nobility found in their servant's spirit.

The principles taught during this seminar have been assisting officers create a deeper more meaningful vocation in policing while developing a harmonious and rewarding personal life away from their career. His work on the predictable transitional issues confronting the police officer's family has lead to numerous speaking engagements throughout the nation designed to keep the family of a police officer emotionally and spiritually healthy.

#### Topics will include:

- 🔊 Knowledge as protective armor for the entire family
- 🔊 What can we learn from Dorothy?
- 🔊 The impact of rewarded cynicism
- 🔊 learning how to protect your family from over exposure to the "Real World"
- 🔊 Removing classic frustrations encountered by all law enforcement officers
- 🔊 The stressors unique to the police officer's family
- 🔊 The Caustic Personal Effects of performing well in law enforcement
- 🔊 The dynamics of controlling more and trusting less on officer attitudes both at work and home
- 🔊 The risks at home from slaying dragons for a living
- 🔊 Warning signs of distress and preventative methods to reduce and monitor it



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- Why officers are at greater risk for alcohol abuse, divorce, isolation, depression and suicide
- Mastering the misunderstood influence of police perspectives

## Instructor:

Kent Williams is the owner of Breach Point Consulting and has been involved in law enforcement as a police officer for over 25 years, where he presently serves as Chief of Police for a Chicago area police department. He is the 2- term President of the Northern Illinois Critical Incident Stress Management Team where he has served as a peer supporter for 12 years. He is a graduate of the FBI National Academy, University of Southern California's Delinquency Control Institute, and the Police Executive Research Forum's Senior Management Institute for Police, at Boston University. He serves as a Tactical Commander on a regional SWAT team serving 60 Chicago collar communities. He has taught extensively on various courses related to leadership and organizational change. Additionally he has taught for over 23 years on topics including use of force, weapons and tactics.

*Chief Williams was the presenter at our 2011 Executive Development Workshop and received rave reviews from those in attendance!*

**To Register:** Email registration to [register@letac.org](mailto:register@letac.org). You may also fill out and submit our online registration form through the website at [www.letac.org](http://www.letac.org) or call 217-726-7014 to register by phone with Sandy or Donna (be sure to include all pertinent information). MTU #10 local member department officers will be given registration preference until seven days prior to the date of class. After that date, registrations will be taken on a first-come, first-served basis, regardless of MTU status. We cannot accept registrations from individual officers. All registrations must go through your Chief, Sheriff, or department training office, even if you are attending class on your own time.

**Cancellation:** If a class must be canceled for any reason, every effort will be made to do so at least 2 weeks before the class is scheduled to begin. However, there are circumstances where last minute cancellation is out of our control. All officers who have been registered for training will be contacted at the email address given at registration, so please be sure to provide an email address which is checked often. If you are registered for a class and find that you will be unable to attend, please contact our office as soon as possible to let us know. We often have a waiting list for classes and another officer may be contacted to fill your newly vacated seat.